

# 2017-2018 Junior Program (September through May)

## **Class Descriptions & Times**

### **Rising Stars**

This class is for 6-8 year olds. Players will be divided onto multiple 36 foot courts based on age, experience, and ability. Players will use smaller net & red/orange compression balls as part of the USTA Quickstart program. Rallying, ball tracking and fun are emphasized.

**Class Times:** Saturdays 11:05-11:55am

### **Future Stars 1&2**

Players in this class are generally 9-10 year olds who are either new to the game or with limited experience. Players will use the orange compression ball that fits their size. Ball control, maintaining a rally, and having fun are emphasized.

**Class Times:** Saturdays 12:00-1:00pm & Mondays 6:00-7:00pm

### **Future Stars 2&3**

The kids in this class are generally 9-10 year olds who are intermediate or advanced intermediate for their age. Players will use an orange or green compression ball and a 60 foot court. Maintaining a rally, developing eye-hand coordination, having fun, and exercise will be emphasized.

**Class Times:** Thursdays 6:30-7:30pm & Saturdays 11:00-12:00pm

### **Middle School 1&2**

Designed for the 11-14 year old who is new to tennis or for someone who hasn't played in a few years. Players will leave this class with a basic understanding of forehands, backhands, volleys, serves & scoring. Fun and exercise are emphasized.

**Class Times:** Mondays, 5:00-6:00pm, Tuesdays 5:00-6:00pm & Saturdays 12:00-1:00pm

### **Middle School 2&3**

Players in the class are usually 11-14 year olds who have some basic tennis knowledge and are familiar with scoring, forehands and backhands. These players will be working on maintaining a rally, grip adjustments, positioning, and serving/returning. Students will use a "control" ball on a regulation court that fits the player's height and size. Overall skill development and fun are emphasized.

**Class Times:** Mondays 5:00-6:00pm, Wednesdays 5:00-6:30pm & Saturdays 1:00-2:30pm

### **Middle School 4&5**

This class is generally 11-14 year olds who can rally from the baseline and play out points on a consistent basis. Students are learning topspin and backspin and should have a basic understanding of singles and doubles positioning. Most players in this class are using adult rackets and must be comfortable using the regulation yellow ball. Some players have USTA tournament experience. Game play and fun will be emphasized.

**Class Times:** Tuesdays 5:00-6:30pm, Thursdays 5:00-6:30pm & Saturdays 1:00-2:30pm

### **High School 1&2**

Designed for the 15-18 year old who is new to tennis or for someone who is at the low end of the C squad high school team. Players will leave this class with a basic understanding of forehands, backhands, volleys, serves, and scoring. Fun and exercise are emphasized.

**Class Times:** Saturdays 4:00-5:30pm (Fall & Spring Sessions only)

### **High School 2&3**

Designed for players playing on the Junior Varsity or C squad high school teams. This is usually the largest group of players with the largest range of abilities. Most of these players have already developed some spin on their shots and are comfortable playing both the net and baseline. Players will continue to work on stroke development, basic patterns, and singles and doubles strategy. Must be able serve consistently and be comfortable playing out points.

**Class Times:** Tuesdays & Thursdays 3:30-5:00pm, Fridays 3:30-5:00pm, Saturdays 2:30-4:00pm

### **High School 4&5**

Designed for high school players who are already on their High School Varsity teams or a strong JV team. Many players are competing in 18U and 16U USTA tournaments. Players should be comfortable hitting backspin and topspin on both forehand and backhand, have a dependable 2nd serve, and be willing to work hard. Players interested in this class who are new to our program must be evaluated by one of our tennis pros.

**Class Times:** Mondays & Wednesdays 3:30-5:00pm, Saturdays 2:30-4:00pm\* (Saturdays 4:00-5:30pm in Winter Sessions)

**There will be no makeups, unless we have room in another class of similar ability level. We realize that ability levels range & change; we will make every effort to find the right class for your child to ensure a positive learning experience. To Register Online: Go to our Calendar @ [www.publicindoortennis.com](http://www.publicindoortennis.com), and then go to the start date of the class. You must be registered on our website with a username & password, which is free. QUESTIONS? Please contact Jon Koenigs @ [jkoenigs@hotmail.com](mailto:jkoenigs@hotmail.com) or 763-231-3109.**